

# DYI Outdoor Games for Kids



## GAME OF GRACES – United States (19th Century)

A game called *Graces* was a popular pastime more than a century ago, especially among young girls in the 1800s. Each player used a pair of slender wooden rods to toss and catch a ribbon-decorated hoop, passing it back and forth with graceful precision. The challenge was to launch the hoop smoothly and catch it without letting it drop, a test of timing, coordination, and elegance. Though simple, *Graces* was designed to teach children poise, control, and dexterity while encouraging gentle outdoor play. It remains a charming reminder of a slower, more graceful era of childhood fun.

**Players:** 2 or more players

**Items Needed:** Four wooden rods (two per player) and one hoop