

DYI Outdoor Games for Kids



EAGLE CATCH CHICK – CHINA

This lively children’s game mimics a chase in nature. One player is the “mother hen,” standing protectively in front of her “chicks,” who line up behind her, hands on shoulders. Another player, the “eagle,” tries to catch the chicks while the hen spreads her arms and moves side to side to shield them. The line twists and turns, giggling and squealing, as the eagle swoops around to reach the chicks. It’s fast-paced, funny, and teaches both protection and quick reflexes.

Players: 6–10 players

Items Needed: Open space to run and move freely