

Incentivizing homework or study time with an outdoor activity!

Example from a parent:

My daughter struggled with reading in 1st grade. I gave her 3 arrows for every 100 minutes she would read with me. At the end of the month she would shoot all the arrows she earned at a board with 4 inch square slips of paper taped on a board. On each paper was an amount of money written on it. She then would earn the total amount of the slips of paper that she hit!

This did a couple things. Every day she would ask to sit down and read with me. Then she would ask to go outside and practice shooting her bow with me.

I would encourage all of you to try a similar approach with your kids. We had a great time together and she learned to overcome challenges she is facing!

This could be done with any subject your child is having trouble with.

Other activities could be casting practice, using 8x10 papers on the ground with the monetary value written on them and then practice casting and landing on the paper.

Please share any ideas like this with us!